

INSTRUCTIONS FOR

NIDA[®]

**NON INVASIVE PRENATAL TESTING FOR
ANEUPLOIDIES DETECTION (CHROMOSOMES 21, 18, 13, X, Y)**

MATERIAL PROVIDED

IMPORTANT: THE MATERIAL IS PROVIDED UPON REQUEST.
PLEASE **NOTIFY IN ADVANCE** TO RECEIVE BY COURIER.

For each request, GENYCA provides a box containing:

- The instructions you are reading now.
- Service Request Form, completed and signed by the patient
- Polystyrene Packaging, closed by a rubber band, containing the following:
 - Plastic protective container in order to protect the blood tube during transportation.
 - 10 ml special collection Tube (Streck, Cell-Free DNA BCT), with preserving agent for cell-free plasma DNA.
 - Bag with the material needed for the blood extraction.

SAMPLING

THE PATIENT DOES NOT NEED TO BE FASTING.
SAMPLING TO BE PERFORMED FROM 12 WEEK'S GESTATION

1. Take 10 ml of blood from the patient in the tube GENYCA has provided you, filling it full.
2. Smoothly invert 8 to 10 times tube with the blood in it and then place it in the protective container.
3. IMPORTANT: Keep the sample at **room temperature** until collection, do not centrifuge, refrigerate or freeze the blood tube.
4. Send the samples **quickly** to GENYCA.

SHIPMENT OF SAMPLES

VERY IMPORTANT: as the sample must be received at GENYCA within **a maximum of 24 hours**, the following precautions should be taken:

- a. Samples must be taken exclusively ON MONDAYS AND TUESDAYS, avoiding holiday eves.
- b. Please avoid local and national holidays.

Send the box and polystyrene packaging in the same condition that you received it. Do not forget to put inside:

- Blood tube inside the protective container. It will travel at room temperature
- Request for service form, completed and signed by the patient, as well as clinical data and the Informed Consent.
- Medical prescription provided by the patient.